



Parent/Player Handbook



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Vision

Members of Miami Volleyball Academy will be proud of themselves, their teammates, and the organization they represent. All members of our academy will be proactive, always moving forward, and carry themselves with confidence. They will willingly work hard because they want to, not because they have to. All players will feel while being a part of MVA, their lives have enriched in a positive way. We will create a community that will ignite excitement and enthusiasm for the sport of volleyball.

Mission

Our organization creates a safe and positive atmosphere that develops success through the sport of Volleyball. Our Coaches will train players to develop there technical, physical and mental abilities; while still fostering a team first mentality.

Staff/Coaches

Board of Directors:

Freideman Sifontes - Director of Coaches

Email: Freideman@miamivolleyballacademy.net

Pedro Penate - Technical Director

Email: Pedro@miamivolleyballacademy.net

Julio Arnaiz - Director of Finance

Email: Julio@miamivolleyballacademy.net

Staff:

Isis Calvo - Travel Coordinator Email:

Travel@miamivolleyballacademy.net

Gaby Arnaiz - Social Media Director



Coaching Staff:

[Coaches](#)



Miami Volleyball Academy Under 12 – 18

Program Information:

Each of the athletes on the team will receive the training, services, and benefits that will become the keys to MVA's success:

Individual & Team training will be under the guidance of experienced, professional, and highly skilled coaches. Our training program includes the following:

- 1 Head Coach
- 2 Team practices per week minimum
- 1 position-specific training approximately two times a month
- Compete in 7 of the top tournaments in Florida. Including: 1 out of State National Qualifier, 1 in-state National Qualifier, 1 in-state Regional Qualifier to make a total of 8 tournaments.
- Each athlete will be provided with full college recruiting and placement (for additional cost) i.e. athlete statistics, performance & test data, contact information and skill videos.
- Indoor Club season runs from November through the completion of the Florida Regional Qualifier/Championships.

***Missing more than one practice per month or any tournament will result in disciplinary action.**

Total

12U- \$2,100

13U- \$2,300

14 Regional- \$2,300

14-18 \$3,200

Travel Costs are additional and addressed in the travel policy section.



Tournament Schedule:

<http://www.miamivolleyballacademy.net/tournamentsandtravel>

Hotels

During the travel season numerous tournaments require have a "Stay To Play" policy which designated hotels in order for teams to be accepted into the tournament. Families must abide by these rules or teams be withdrawn from competition with no refunds given. For the few tournaments that do not have a "Stay To Play" Policy, families are welcome to stay where ever they choose. MVA does believe in trying to keep all teams and players in the same hotel to facilitate rides and team dinners, therefore MVA will still provide room blocks for parents in the non Stay to Play Tournaments.

Contact Travel Coordinator , Isis Calvo with questions:

Travel@Miamivolleyballacademy.net

TRAVEL POLICY

As a part of USAV's commitment to participant safety, USAV requires its clubs to have published practices for team travel. Team Travel is defined as overnight travel to a team activity that is planned and supervised by MVA. MVA's travel policies must be signed and agreed to by all athletes, parents, coaches and other adults traveling with the club.

As part of USAV's commitment to safety, it requires clubs to publish practices for travel. Clubs must include the following in their Travel Policy:

- Club travel policies will be made available to all parents and players as part of the Club Handbook and major policies will be reviewed with parents at the Club's Parent Meeting and with players by their individual coaches
- Regardless of gender, a coach shall not share a hotel room or other sleeping arrangement with an athlete (unless the coach is the parent, guardian, sibling or spouse of that particular athlete).
- MVA will provide the tournament schedule and the hotels where the teams traveling are required to stay.
- Players can not travel with any Coaches (unless the coach is the parent, guardian, sibling or spouse of that particular athlete)
- Team travel is defined as an overnight travel to a team activity that is planned by MVA.



- Parents or legal guardians are responsible for arranging the transportation for their child's team travel (overnight) and Local Travel.
- Coaches will prepare athletes for travel and make them aware of all expectations.
- Including the time of any team meeting, warm up time and game schedule.
- Coaches are not to use drugs or alcohol in the presence of minors or be under the influence of alcohol or drugs while performing their coaching duties.
- Players are not to use drugs or alcohol or be under the influence of drugs or alcohol while on team travel (overnight) or local travel.
- Any member of the organization must immediately report any concerns about physical or sexual abuse, misconduct or policy violations.
- Notify parents before taking any disciplinary action against a minor athlete if the athlete is traveling without his or her parents.
- Travel will be a standard aspect of our competitive season and MVA has established policies to guide our travel, minimize one-on-one interactions and reduce the risk of misconduct.
- Adherence to these travel guidelines will increase athlete safety and improve the competitive experience while keeping travel a fun and enjoyable experience.
- All parents are required to stay at the designated team hotel for all "stay and play" events.
- MVA assumes all players will be staying overnight at the MVA assigned hotel for every event unless prior written approval is granted by the Director and the Travel coordinator
- Players must arrive to hotels the night before the tournament.

PLEASE NOTE: Prior to an out of state tournament, the coach must receive in writing the date and time the athlete will be arriving and departing from the event in addition to the location of stay.

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Programs and Services

Little Seeds

Offers age-appropriate skill development, opportunities to play volleyball games and even opportunities to compete in a competitive format. Players will learn skills with the aid of “volley-lite” and “first touch” volleyballs, lower nets, and other modifications designed to help younger players learn and play with proper fundamentals. Little Seeds is the perfect volleyball experience for beginners. We focus for 1 hour and thirty minutes on dedicated skills to improve the game of volleyball. Our goal is to dedicate all of our attention on children with very little or no experience in the game. We want to focus on 11 years old and under to promote our enthusiasm, knowledge, and love for kids to play the game, with the goal that in the future they can play at a competitive level.

Clinics

MVA will be offering different clinics session throughout the year for all ages and skill level for the community. We will have skill specific clinics ran by our top coaches.

http://www.miamivolleyballacademy.net.prod.sportngin.com/clinics?_ga=1.218934047.744111080.1469894766?

Camps

MVA is offering summer camps for all ages and skill levels during the summer. This program is for athletes who are looking to stay fit and involved in volleyball once club season is over.

http://www.miamivolleyballacademy.net/camps?_ga=1.16912191.744111080.1469894766

Beach Volleyball

Sand Volleyball program will be offered for all ages and skill levels during the summer. This program is for athletes who are looking to stay fit and involved in volleyball once club season is over.

<http://www.miamivolleyballacademy.net/beachvolleyball>

Private Lessons

Will be available upon request. <http://www.miamivolleyballacademy.net/page/show/2656403-private-lessons>



SOCIAL MEDIA POLICY

This policy is for the use of social media and electronic devices and it emphasizes transparency in communication on social media and electronic devices. Effective communication concerning travel, training schedules and administrative issues among administrators, staff, coaches, athletes and their families is critical. However, the use of mobile devices, web-based applications, social media and other forms of electronic communications increases the possibility for improprieties and misunderstandings and also provides would-be offenders with unsupervised access to an athlete. The improper use of mobile and electronic communications can result in misconduct and adherence to the policy for mobile and electronic communication reduces these risks. As part of MVA's emphasis on the athlete safety, all electronic communications between a coach and athlete must be professional in nature and for the purpose of communicating information about team activities. As with communication, the content of any electronic communication should be readily available to share with the athlete's family. At the request of a parent or guardian, any email, electronic text, social media or similar communication will copy or include the athlete's parents or guardians.

FACEBOOK, MYSPACE AND BLOGS

Coaches may not have athletes of MVA's teams join a personal social media page. Athlete members and parents can friend the official MVA's team page and coaches can communicate to athlete members through the site. All posts, messages, text, or media of any kind between coach and athlete must be professional in nature and not for the purpose of communicating information about team activities or for team-oriented motivational purposes.

TWITTER AND INSTANT MESSAGING

Texting is allowed between coaches and athletes. All texts between coach and athlete must be professional and for the purpose of communicating information about team activities.

ELECTRONIC IMAGERY

From time to time, digital photos, videos of practice or competition and other publicly obtainable images of the athlete may be taken. These photos and/or videos may be submitted to local, state or national publications, used in club videos, posted on club or associated websites, or offer to the the club families seasonally on disc or other electronic form. It is the default policy of MVA to allow such practices as long as the athlete's or athletes are in public view and such imagery is both appropriate and in the best interest of the athlete and the club. Imagery must not be contrary to any rules as outlined in MVA's participant safety handbook.



REQUEST TO DISCONTINUE ALL ELECTRONIC COMMUNICATIONS OR IMAGERY

The parents or guardians of an athlete may request in writing that their child not be contacted by any form of electronic communication by coaches (photography or videography)

MISCONDUCT

Social media and electronic communications can also be used to commit misconduct. Such communications by coaches, staff, volunteers, administrators, officials, parents or athletes will not be tolerated and are considered violations of our policy.

VIOLATIONS

Violations of MVA's Electronic Communications and Social Media Policy should be reported to your supervisor, an administrator or a member of MVA for evaluation. Complaints and allegations will be addressed under MVA's Disciplinary rules and procedure.

Emotional Misconduct and Abuse Policy

It is the policy of MVA that there shall be no emotional abuse of any participant involved in any of its sanctioned or member programs by any employees, volunteer, independent contractor or participant. Emotional Abuse involves deliberate, non-contact behavior that has the potential to cause emotional or psychological harm to a participant. These behaviors may include verbal acts, physical acts or acts that deny attention or support. Examples of emotional abuse prohibited by this policy include, without limitation: verbal behaviors that attack a participant personally by e.g., calling them worthless, fat or disgusting; or repeatedly and or excessively yelling at a particular in a manner that

serves no productive motivational purpose; and physically aggressive behaviors such as throwing equipment, water bottles or chairs at participants.

Any MVA member, participant or parent of a participant who engages in any act of emotional abuse is subject to appropriate disciplinary action including but not limited to appropriate disciplinary action including but not limited to suspension, permanent suspension, and/or referral to law enforcement authorities.

Note: Bullying, harassment, and hazing, defined below, often involve some form of emotional misconduct.

Exceptions

Emotional misconduct does not include professionally accepted coaching methods of skill enhancement, physical conditioning, team building, discipline or improving athletic performance. Nor is constructive criticism about an athlete's performance emotional misconduct.



Bullying Policy

It is the policy of MVA that there shall be no bullying of any participant involved in any of its sanctioned or member programs by any employee, volunteer, independent contractor or participant. Bullying is the use of coercion to obtain control over another person or to be habitual cruel to another person. Bullying involves an intentional, persistent and/or repeated pattern of committing or willfully tolerating physical and non-physical behaviors that are intended to cause fear, humiliation, or physical harm in an attempt to socially exclude, diminish, or isolate another person.

Bullying can occur through written, verbal or electronically transmitted expression or by means of a physical act or gesture. Bullying includes threats which are defined as any expression of intent to physically injure or harm someone else. A threat may be communicated directly to the intended victim or communicated to a third party. Bullying behavior is prohibited in any manner in connection with any MVA member club activities or sanctioned events.

While other team members are often the perpetrators of bullying, it is a violation of this policy if a coach or other responsible adult knows or should know of the bullying behavior but takes no action to intervene on behalf of the participant targeted. An MVA member, participant or parent of a participant who engages in any act of bullying is subject to appropriate disciplinary action including but not limited to suspension, expulsion and/or referral to law enforcement authorities.

Exceptions

Bullying does not include group or team behavior designed to establish normative team behavior or promote team cohesion. For example, bullying does not include verbal admonitions to encourage team members to train harder and push through a difficult training regimen.



DISPUTE RESOLUTIONS & REFUNDS

In case a parent has an issue or dispute with the programming or billing of Miami Volleyball Academy, this dispute and/or issue must be addressed with the Board of Directors. Both parties will meet and discuss viable options to resolve the dispute/issue in a manner that benefits both parties. If no agreement is reached, refund will be awarded only in the following circumstances.

1) Player is injured during the course of the club season and will no longer be able to participate or complete the club season. Club will retain monies for services already rendered and return any monies paid for future services.

2) Player due to illness must miss an extended time of the club season, unable to participate in practices or tournaments. Club will retain monies for services already rendered and return any monies paid for future services.

*Club will not provide refunds for players who chose to no longer participate on a team or withdraw from the club program prior to the end of the season for any reason other than those mentioned above.



Florida Region of USA Volleyball

SPECTATOR/PARENT CODE OF CONDUCT

(This legally binding document may be republished as often as necessary)

IMPORTANT NOTICE – ENTRY TO THIS PRIVATELY SANCTIONED EVENT IS GRANTED AS A COURTESY. IF YOU ENTER/ATTEND THIS, OR ANY FLORIDA REGION SANCTIONED EVENT, YOU AGREE TO ABIDE BY THE FOLLOWING CODE OF CONDUCT GUIDELINES:

I WILL:

1. I WILL abide by the official rules of USA Volleyball.
2. I WILL display good sportsmanship at all times.
3. I WILL encourage my child and his/her team, regardless of the outcome on the court.
4. I WILL educate myself on the unique rules of this facility.
5. I WILL honor the rules of the host and the host facility.
6. I WILL generate goodwill by being polite and respectful to those around me at this event.
7. I WILL direct my child to speak directly with his/her coach when coaching decisions are made that may be confusing or unclear.
8. I WILL redirect any negative comments from others to the respective Event Director or Program Administrator.
9. I WILL direct all concerns regarding officials to the Head Coach or Club Director for my team/club as opposed to contacting the Head Official directly.
10. I WILL immediately notify the Event Director and/or Program Administrator in the event that I witness any illegal activity.
11. I WILL support the policies and guidelines of the team/club that I represent.
12. I WILL acknowledge effort and good performance, remembering that all of the players in this event are amateur athletes.
13. I WILL model exemplary spectator behavior while attending this event.
14. I WILL respect the history and tradition of the sport of volleyball by being a good ambassador.

I WILL NOT:

1. I WILL NOT harass or intimidate the officials.
2. I WILL NOT coach my child from the bleachers and/or sidelines.
3. I WILL NOT criticize my child's coach or his/her teammates.
4. I WILL NOT participate in any game or game-like activities unless I have a current membership card with the Florida Region.
5. I WILL NOT bring and/or carry any firearms at any Florida Region event.
6. I WILL NOT bring, purchase, or consume alcohol at any Youth/Junior volleyball event.

Note: Any violation of this Code of Conduct will result in you being asked to leave the facility, and may result in you possibly being banned from attending future Florida Region sanctioned events. The Event Director has the final say regarding this individual event. Local law enforcement will be contacted if necessary to resolve any disputes or altercations. Questions or concerns may be directed to the Florida Region office.

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